

Annual Report

Fiscal Year 2023

Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics Foundation

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of nutrition and dietetics through research, education and advocacy.



Academy's Elected Leaders



Ellen R. Shanley
MBA, RDN, CDN, FAND
Served as the Academy's
96th President in 2022-2023



Lauri Wright
PhD, RDN, LDN, FAND
Served as President-elect
in 2022-2023

Welcome

Welcome to the Fiscal Year 2023 annual report for the Academy of Nutrition and Dietetics, where we reflect on the milestones achieved and showcase our commitment to transparency and accountability in all aspects of our operations.

The Academy continued to accelerate progress toward achieving its vision and mission through public policy initiatives, including advocating for access to and payment for medical nutrition therapy; exploration of a licensure compact to facilitate cost-effective interstate practice for licensed RDNs; development of the Model Practice Act of 2023 to provide affiliates with a revised structure for their state's regulation of the practice of nutrition and dietetics; and participation in the historic White House Conference on Hunger, Nutrition, and Health. During FY23, advocates sent more than 11,000 messages to Capitol Hill, voicing support for key policies that affect the nutrition and dietetics profession and the communities RDNs serve.

Celebrated each March since 1973, National Nutrition Month®, Registered Dietitian Nutritionist Day and the inaugural Nutrition and Dietetics Technician, Registered Day, continued to play a significant role in building awareness and recognition for the Academy and nutrition and dietetics practitioners. The Academy's 2022 National Nutrition Month® Social Media Toolkit won a Platinum Award, the top honor, in the 2023 Hermes Creative Awards. The 2022 campaign also won gold in the Advocacy/Awareness Campaign category at the 43rd Annual AM&P Network EXCEL Awards.

One of the most relied-upon publications for the science of food, nutrition and dietetics, the *Journal of the Academy of Nutrition and Dietetics (JAND)* continues to build its online presence with almost all articles published online first; faster online publication speed; more editor podcasts with nutrition and dietetics experts; author-generated educational slides; curated topic collections and more. *JAND* saw an increase of nearly 200 submissions over the previous year, highlighting its prestige and desirability for authors. *JAND*'s Impact Factor is currently 4.8.

In addition, between June 1, 2022, and May 31, 2023, the Academy published:

Position Papers and Consensus Reports

- Prevention of Pediatric Overweight and Obesity
Position of the Academy of Nutrition and Dietetics
Based on an Umbrella Review of Systematic Reviews
- Treatment of Pediatric Overweight and Obesity

Scoping Reviews

- Application of Umami Tastants for Sodium Reduction in Food: An Evidence Analysis Center Scoping Review

Systematic Reviews

- Malnutrition in Older Adults
- Medical Nutrition Therapy Effectiveness: Dyslipidemia
- Type 1 Diabetes Mellitus (Pediatrics)

Evidence-Based Nutrition Practice Guidelines

- Adult Weight Management: Evidence-Based Nutrition Practice Guideline
- Disorders of Lipid Metabolism: Saturated Fat Evidence-Based Nutrition Practice Guideline
- Flavan-3-ols and Cardiometabolic Health: First Ever Dietary Bioactive Guideline
- Nutrition and Physical Activity: General Population Evidence-Based Nutrition Practice Guideline

Books and Publications

- *Clinical Guide to Nutrition Care in Kidney Disease* (3rd ed.; print, eBook)
- *Effective Leadership & Management in Nutrition & Dietetics* (print, eBook)
- *Health Professional's Guide to Gastrointestinal Nutrition* (2nd ed.; print, eBook)
- *National Kidney Diet Professional Guide & Handouts* (2nd ed.; print, eBook, downloadable handouts)
- *Nutrition Authority: Perspectives on Opportunity* (print, eBook)
- *Nutrition Counseling and Education Skills: A Practical Guide* (8th ed.; published by JBL)
- *Pocket Guide to Neonatal Nutrition* (3rd ed.; print, eBook)
- *Instructor's Resource Kit: Nutrition & Diagnosis-Related Care* (downloadable)
- *Instructor's Resource Kit: Effective Leadership & Management in Nutrition & Dietetics* (downloadable)

Corporate Sponsorship

The Academy's sponsorship program continued to allow for purposeful collaboration with organizations and helped to advance the Academy's mission. The Academy recognizes and thanks the following sponsors for their generous support of events and programs that occurred in Fiscal Year 2023:

Premier Sponsor

Abbott

Academy Sponsors

Almond Board of California
American Beverage Association
BENEO Institute
ByHeart
Council for Responsible Nutrition
Egg Nutrition Center
Eggland's Best
FlavaNaturals
Food Allergy Research & Education
Hass Avocado Board
Hispanic Foodways LLC
Liquid I.V.
L-Nutra
Meat & Livestock Australia
Monash University
Mushroom Council
National Confectioners Association
National Peanut Board
Orgain
Quaker
Reckitt/Mead Johnson Nutrition
Sifter
Soy Connection by U.S. Soy
Sunsweet Growers
Timeline Nutrition
Wyman's of Maine

Commission on Dietetic Registration

The Commission on Dietetic Registration remained committed to its mission of supporting continued professional competence to protect the public, with 111,660 registered dietitian nutritionists; 3,835 nutrition and dietetics technicians, registered; and 4,475 board-certified specialists and advanced practitioners who meet CDR's standards to enter the profession and remain practicing.

In Fiscal Year 2023, CDR administered 8,574 Registered Dietitian exams; 453 Dietetic Technician, Registered exams; 1,379 specialist exams and 24 advanced practitioner exams. It credentialed 992 specialists (new: 580; recertified: 412) and 13 advanced practitioners (11 new, 2 recertified).

The Global Malnutrition Composite Score, a new electronic Clinical Quality Measure for which CDR/ Academy are measure stewards, was announced in the CMS IQR Final Rule in August 2022. It is the first nutrition-focused quality measure to be included in a Centers for Medicare and Medicaid Services program. Work continued throughout the year to ensure the GMCS was ready for reporting in CY 2024.

Accreditation Council for Education in Nutrition and Dietetics

The Accreditation Council for Education in Nutrition and Dietetics continued to serve the public and the Academy's members by working with nutrition and dietetics practitioners, educators and others to develop and implement standards for the educational preparation of professionals and by accrediting education programs at colleges, universities and other organizations that meet ACEND's standards.

ACEND received renewed recognition from the U.S. Department of Education as the accreditor of nutrition and dietetics programs. The 2022 Accreditation Standards became effective June 1, 2022. ACEND continued to accredit demonstration programs under the Future Education Model Accreditation Standards for Graduate Degree Programs in Nutrition and Dietetics.



Academy of Nutrition and Dietetics Foundation

The Foundation is dedicated to supporting nutrition and dietetics students and professionals by empowering them to help consumers live healthier lifestyles. Gifts to the Foundation make an impact on thousands of Academy members each year through scholarships, awards, research grants, fellowships and disaster relief efforts.



Although affiliated with the Academy, the Foundation is an independent 501(c)(3) public charity and does not receive any portion of members' dues. The success and impact of Foundation programs and services are attributed to the generous support of its donors.

Special thanks to the organizations, groups and individuals who supported the Academy's Foundation from June 1, 2022, to May 31, 2023, with gifts of \$10,000 or more.

- American Egg Board's Egg Nutrition Center
- Anonymous (three donations)
- Estate of Clara Augustine
- The Bell Family Foundation
- Brightseed
- Estate of Audrey Burkart
- Canned Beans
- Neva Cochran
- Commission on Dietetic Registration
- Sonja Connor
- Diabetes Dietetic Practice Group
- Duke Global Health Institute
- Susan and Jim Finn
- Florida Department of Citrus
- General Mills Bell Institute of Health and Nutrition
- Helen and Ed Hintz
- Institute for the Advancement of Food and Nutrition Sciences
- Islamic Food and Nutrition Council of America
- Estate of Mary Kunkel
- Karen Lacey
- Langholz Family Foundation
- Maye Musk
- Nutrition and Dietetic Educators and Preceptors
- Estate of Catherine Passarelli
- Pharmavite
- Judith Rodriguez
- Cynthia Wolfram

Academy of Nutrition and Dietetics Financial Statements

Academy of Nutrition and Dietetics Statement of Financial Position: May 31

	2022	2023
Assets		
Cash and cash equivalents	\$ 12,742,320	\$ 8,014,624
Investments	37,051,366	41,288,638
Interest receivable	73,107	120,567
Accounts receivable, net	911,905	1,027,764
Intercompany receivables	-	392,428
Prepaid expenses	2,135,405	2,180,622
Inventory	1,539,974	1,471,954
Investments held for deferred compensation	786,263	789,702
Property and equipment, net	4,945,190	5,136,874
Right-of-use operating lease assets	-	5,166,265
Total Assets	60,185,530	65,589,438
Liabilities		
Accounts payables	438,738	619,694
Accrued liabilities	2,124,708	2,704,864
Interorganization balances	383,271	-
Due to state associations	3,554,459	3,490,370
Deferred revenue	15,898,642	14,943,702
Deferred compensation	786,263	789,702
Deferred rent incentive	1,088,211	-
Lease liabilities – operating	-	6,170,732
Line of credit	-	2,250,000
Total Liabilities	24,274,292	30,969,064
Net Assets		
Without donor restrictions – undesignated	35,911,243	34,620,374
Total Liabilities and Net Assets	\$ 60,185,535	\$ 65,589,438

Academy of Nutrition and Dietetics Financial Statements

Academy of Nutrition and Dietetics Statement of Activities by Object and Fund: May 31, 2023

	Academy	Related Academy Organizational Units*	Total
Revenues			
Membership dues – gross	\$ 9,290,764	\$ 1,559,030	\$ 10,849,794
State affiliate allocations	(1,787,117)	-	(1,787,117)
Membership Dues – Net	7,503,647	1,559,030	9,062,677
Registration and examinations fees	-	10,560,557	10,560,557
Contributions	-	73,250	73,250
Programs and meetings	3,700,364	381,836	4,082,200
Publications and materials	2,475,883	327,081	2,802,964
Subscriptions	2,345,208	993	2,346,201
Advertising	95,109	6,850	101,959
Sponsorships	792,274	-	792,274
Grants	395,146	762,532	1,157,678
Education program	-	3,022,529	3,022,529
Other	1,355,451	148,593	1,504,044
Total Revenues	18,663,081	16,843,253	35,506,334
Expenses			
Personnel	14,504,197	3,512,631	18,016,828
Publications	1,955,898	28,615	1,984,513
Travel	631,834	1,223,101	1,854,935
Professional fees	1,901,922	1,875,314	3,777,236
Postage and mailing services	364,262	147,275	511,537
Office supplies and equipment	50,146	78,448	128,594
Rent and utilities	781,227	232,649	1,013,876
Telephone and communications	154,724	72,354	227,078
Commissions	38,473	-	38,473
Computer expenses	898,642	219,280	1,117,922
Advertising and promotion	73,915	24,172	98,087
Insurance	147,526	164,690	312,216
Depreciation	1,200,312	267,027	1,467,339
Income taxes	-	-	-
Bank and trust fees	457,058	320,794	777,852
Other	(2,841,473)	4,080,624	1,239,151
Donations to the Foundation	-	538,995	538,995
Examination administration	-	1,075,102	1,075,102
Meeting services	1,756,713	1,281,692	3,038,405
Legal and audit	187,359	139,686	327,045
Printing	107,837	67,000	174,837
Total Expenses	22,370,570	15,349,448	37,720,018
(Decrease) Increase in Net Assets from Operating Activities	(3,707,490)	1,493,805	(2,213,685)
Return on Investments	402,641	520,141	922,783
Increase (Decrease) in Net Assets	\$ (3,304,848)	\$ 2,013,947	\$ (1,290,902)

*includes CDR, DPGs, MIGs, ACEND, NDEP, ANDPAC

Academy of Nutrition and Dietetics Financial Statements

Academy of Nutrition and Dietetics Foundation Statement of Financial Position: May 31

	2022	2023
Current Assets		
Cash and cash equivalents	\$ 6,501,732	\$ 3,143,486
Receivables – net of allowance	415,406	157,160
Interest receivable	57,198	89,956
Prepaid expenses	1,773	45,930
Total Current Assets	6,976,109	3,436,532
Investments	28,762,517	32,296,694
Property and equipment – net	1,444	7,569
Total Assets	35,740,070	35,740,795
Liabilities and Net Assets		
Current liabilities – intercompany payables	-	392,428
Net Assets		
Without donor restrictions – undesignated	12,761,482	12,760,667
With donor restrictions	22,978,588	22,587,700
Total Net Assets	35,740,070	35,348,367
Total Liabilities and Net Assets	\$ 35,740,070	\$ 35,740,795

Academy of Nutrition and Dietetics Financial Statements

Academy of Nutrition and Dietetics Foundation Statement of Activities: May 31, 2023

	Net Assets without Donor Restriction	Net Assets with Donor Restriction	Total
Revenues			
Grants and donations	\$ 56	\$ 345,809	\$ 345,865
Member contributions	377,195	865,472	1,242,666
Corporate contributions	12,653	497,880	510,533
Sponsorships	50,000	97,500	147,500
Release from restrictions	2,658,371	(2,658,371)	-
Total ANDF	3,098,275	(851,711)	2,246,564
Expenses			
Personnel	902,697	-	902,697
Travel	47,022	-	47,022
Professional fees	99,893	-	99,893
Postage and mailing services	3,000	-	3,000
Office supplies and equipment	458	-	458
Rent and utilities	75,600	-	75,600
Telephone and communications	16,170	-	16,170
Computer expense	26,431	-	26,431
Insurance	19,608	-	19,608
Depreciation	2,285	-	2,285
Bank and trust fees	2,044	-	2,044
Other	52,121	-	52,121
Meeting services	51,791	-	51,791
Legal and audit	1,577	-	1,577
Printing	617	-	617
Scholarships and awards	1,992,386	-	1,992,386
Total ANDF	3,293,699	-	3,293,699
Decrease in Net Assets from Operating Activities Before Other Items	(195,425)	(851,711)	(1,047,136)
(Loss) Return on Investments	(44,939)	700,375	655,435
Decrease in Net Assets	\$ (240,364)	\$ (151,336)	\$ (391,700)