**Directions for NDTR Core Competency Assessment (Required Element 4.1 and 4.2)**

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| **Background:** The NDTR Core Competency Assessment table is used to identify assessment methods (e.g., projects, rubrics, case studies, exams, etc.) required within the curriculum where the evaluation of competency occurs to ensure the student’s ability to meet curriculum requirements. The program must have a plan to guide its process for tracking students’ demonstration of competency and to collect and analyze aggregate data on core knowledge and competencies.  |  |

**Directions:** Complete the following table by identifying in which courses or supervised practice rotations the assessment for each competency occurs.

1. For each competency statement listed in Column A, identify in Column B the course or supervised practice rotation in which the competency is assessed and in Column C the specific assessment used to evaluate the student’s achievement of the competency.
2. Only one assessment (e.g., exam, rubric, project, etc.) is required to document each competency statement (See Example for CNDT 4.1); however, programs may choose to document more than one assessment (See Example for CNDT 4.2).
3. A single assessment activity or tool may be used for several competency statements (See Example for CNDT 4.1 and CNDT 4.2).
4. During the site visit, in the self-study report narrative, the program must describe its process for tracking students’ demonstration of competencies. At the time of the site visit, the program will be required to provide the data tracking documents to show how students’ attainment of competencies are tracked.

**EXAMPLE**

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| **Column A** | **Column B** | **Column C** |
| **Core Competency Statement** | **List course and course number or supervised practice rotation in which the competency is assessed** | **List specific, required assessment method(s) (exam, rubric, project, etc.) used to measure student achievement of competency** |
|  |  |  |
| CNDT 4.1 Deliver nutrition services through quality improvement and customer satisfaction activities. | DTR 201 – Food Service Management | Plate waste study |
| CNDT 4.2 Perform supervisory, education and training functions | DTR 211 – Food ExperienceDTR 201 – Food Service Management | Preceptor evaluation for in-service to food service staff based on plate waste studyPlate waste study |
| CNDT 4.3 Use current information technologies to develop, manage and disseminate nutrition information and data. | DTR 214- DT Professional Internship EXAMPLE | Nutritional composition of one week of the regular menu by using a nutritional analysis program. |

**<Name of your program goes here>**

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| **Core Competency Statement** | **List course and course number or supervised practice rotation in which the competency is assessed** | **List specific, required assessment method(s) (exam, rubric, project, etc.) used to measure student achievement of competency** |
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| **Domain 1. Scientific and Evidence Base of Practice: Integration of scientific information and translation of research into practice.** |
| CNDT 1.1 Access data, references, patient education materials, consumer and other information from credible sources. |  |  |
| CNDT 1.2 Evaluate information to determine if it is consistent with accepted scientific evidence. |  |  |
| CNDT 1.3 Collect performance improvement, financial, productivity or outcomes data and compare it to established criteria. |  |  |
| CNDT 1.4 Implement actions based on care plans, protocols, policies and evidence-based practice. |  |  |
| **Domain 2. Professional Practice Expectations: Beliefs, values, attitudes and behaviors for the nutrition and dietetics technician practitioner level of practice.** |
| CNDT 2.1 Adhere to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Practice for the Nutrition and Dietetics Technician, Registered, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics. |  |  |
| CNDT 2.2 Use clear and effective oral and written communication. |  |  |
| CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience. |  |  |
| CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings.  |  |  |
| CNDT 2.5 Function as a member of interprofessional teams. |  |  |
| CNDT 2.6 Refer situations outside the nutrition and dietetics technician scope of practice or area of competence to a registered dietitian nutritionist or other professional.  |  |  |
| CNDT 2.7 Actively contribute to nutrition and dietetics professional and community organizations. |  |  |
| CNDT 2.8 Demonstrate professional attributes in all areas of practice. |  |  |
| CNDT 2.9 Show cultural humility in interactions with colleagues, staff, clients, patients and the public. |  |  |
| CNDT 2.10 Advocate for local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession. |  |  |
| **Domain 3. Clinical and Client Services: Development and delivery of information, products and services to individuals, groups and populations.** |
| CNDT 3.1 Perform nutrition screening and identify clients or patients to be referred to a registered dietitian nutritionist. |  |  |
| CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Practice for the Nutrition and Dietetics Technician, Registered for individuals, groups and populations in a variety of settings. |  |  |
| CNDT 3.3 Provide nutrition and lifestyle education to well populations.  |  |  |
| CNDT 3.4 Promote health improvement, food safety, wellness and disease prevention for the general population. |  |  |
| CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience. |  |  |
| CNDT 3.6 Present an educational session to a target population. |  |  |
| CNDT 3.7 Perform supervisory functions for purchasing, production and service of food that meets nutrition guidelines, cost parameters and health needs. |  |  |
| CNDT 3.8 Modify recipes and menus for acceptability and affordability that accommodate the cultural diversity and health status of various populations, groups and individuals. |  |  |
| **Domain 4. Practice Management and Use of Resources: Strategic application of principles of management and systems in the provision of services to individuals and organizations.** |
| CNDT 4.1 Deliver nutrition services through quality improvement and customer satisfaction activities. |  |  |
| CNDT 4.2 Perform supervisory, education and training functions. |  |  |
| CNDT 4.3 Use current information technologies to develop, manage and disseminate nutrition information and data. |  |  |
| CNDT 4.4 Assist in developing a plan for a new service including budget. |  |  |
| CNDT 4.5 Implement and adhere to budgets. |  |  |
| CNDT 4.6 Assist with marketing clinical and customer services. |  |  |
| CNDT 4.7 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment. |  |  |
| **Domain 5. Leadership and Career Management: Skills, strengths, knowledge and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.** |
| CNDT 5.1 Perform self-assessment that includes awareness in terms of learning and leadership style and cultural orientation and develop goals for self-improvement. |  |  |
| CNDT 5.2 Identify and articulate one’s skills, strengths, knowledge, and experiences relevant to the position desired and career goals. |  |  |
| CNDT 5.3 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines. |  |  |
| CNDT 5.4 Advocate for opportunities in the professional settings (such as asking for additional responsibility, practicing negotiating a salary or wage or asking for a promotion). |  |  |
| CNDT 5.5Promote team involvement and value the skills of each member. |  |  |
| CNDT 5.6 Mentor others. |  |  |
| CNDT 5.7 Identify and articulate the value of precepting. |  |  |